**SHAPE PREPARATORY WORK**

**Dear BMC applicants**

You are about to embark on a remarkable spiritual journey to ***Discover Your SHAPE***. When you attend this course, you are taking a significant step forward in your discipleship journey towards maturity in Christ. Sacrificial Service is an essential component of a disciple of Christ and you will learn in the course that God has shaped you to serve.

To help us guide you in your Discover your SHAPE journey, you need to do some preparatory work BEFORE the class. As this preparatory work is essential to enhance your learning in the class, you must **complete all** the assignments found in pages 2 to 6.

Some of the assignments may touch on rather personal areas of your life. The depth of what you write in your assignments will enable us to help you better discern how God wants you to use your SHAPE. Be assured that access to your assignment is restricted only to those who need to know. Please write and share only what you are comfortable with.

It would be best to defer your application to the next run of BMC if you are unable to submit the completed assignments by this BMC application deadline.

**Before you start** on the assignments, spend some time in the Lord’s presence, asking the Holy Spirit to minister to you and to guide you in your reflection and self-examination.

As you do the assignments, remember:

* These are not "tests"! There are no right or wrong answers. The purpose is to show how you are uniquely SHAPE’d.
* Each one of the assignment is either a **self**-reflection or **self**-evaluation. No one is "rating" you on this.
* The value of the tool will vary depending on your age, how long you've been a Christian, how long you’ve been serving, your background, your honesty, and how much time and serious thinking you're willing to invest in them!

Please bring along the completed preparatory work with you to the Discover Your SHAPE class, which is part of BMC Curriculum.

If you need help in completing the assignments, please email shape@wesleymc.org

*DISCLAIMER*

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**YOUR NAME:**

**SPIRITUAL GIFTS**

Go to the link below. Follow the instructions and complete the questionnaire.
Please transfer your results onto the table below. You can either copy your results and paste over the table or enter the scores manually in the table.

Building Church.net

<http://buildingchurch.net/g2s.htm>

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|  |  |  |  |
| --- | --- | --- | --- |
| **Spiritual Gift** | **Score** | **Spiritual Gift** | **Score** |
| 1. Administration |  | 14. Knowledge |  |
| 2. Apostle |  | 15. Leadership |  |
| 3. Discerning of Spirits |  | 16. Mercy |  |
| 4. Evangelism |  | 17. Miracles |  |
| 5. Ekballism |  | 18. Missionary |  |
| 6. Exhortation |  | 19. Prophecy   |  |
| 7. Faith |  | 20. Service |  |
| 8. Giving |  | 21. Shepherd   |  |
| 9. Healing |  | 22. Teaching |  |
| 10. Helps |  | 23. Tongues |  |
| 11. Hospitality |  | 24. Voluntary Poverty |  |
| 12. Intercession |  | 25. Wisdom |  |
| 13. Interpretation of Tongues |  |  |  |

**HEART**

***INSTRUCTIONS***

List & describe what you **enjoyed** doing since childhood.

* Give specific details.
* What you enjoyed doing may or may not be something you thought you are good at, but nevertheless something you were satisfied or proud of.
* These include things or causes that you were passionate about & sought to accomplish.
* Forget what other people thought about it; it is what you thought that matters.

Examples:

* “I sat for hours to finish large sized jigsaw puzzles on my own. I was immensely proud of what I’ve achieved each time I finished a puzzle”
* “I enjoyed going for free-and –easy tours overseas to explore what people in other parts of the world do in their daily life, their beliefs and culture”
* “I really enjoyed organizing camps in school. I didn’t think I always did a good job, but they were always very satisfying despite all the pressures”

You do not have to cover every year of your life. Just focus on what **you feel** are the highlights of things you've done.

**ABILITIES**

***INSTRUCTIONS***

List & describe what you were **good at** / your **accomplishments** since childhood.

* These may include your training and qualifications.
* They may also include your natural talents or skills.
* You may consider what others have told you that you were good at.

Examples:

* “I am good at doing analysis work. I can simplify complex processes and concepts into easy to follow steps and train users in them”
* “I play several musical instruments (guitar, piano, violin, drums) and have been involved in school performances and church worship ministry. My friends enjoy listening to me play music”

The more you can list the better. Get another sheet of paper!

|  |  |  |
| --- | --- | --- |
|  | **HEART****MY HIGHLIGHTS OF THINGS****I ENJOYED DOING…** | **ABILITIES****MY HIGHLIGHTS OF THINGS****I WAS/AM GOOD AT DOING…** |
| **DURING MY CHILDHOOD** |  |  |
| **AS A TEENAGER** |  |  |
| **IN YOUNG ADULT** |  |  |
| **IN MY "THIRTYSOMETHING" YEARS** |  |  |
| **COMPLETE UP TO YOUR PRESENT:** |  |  |

The more you can list the better. Get another sheet of paper!

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**PERSONALITY**

No preparatory work needed

**EXPERIENCES**

Write down the different experiences of your life in the table below. There are four types of experiences to think about.

* Write down your ***spiritual experiences***. Think through your life. When have you felt closest to God?  Write that down. Write down the times with God that have meant the most to you. Maybe when you committed your life to Christ, a devotional time with your family, or experience or conference or worship service that was life changing.
* Write down your ***painful experiences***. All of us go through problems, hurts, trials at some point of our life. What are some lessons that you have learned from these painful experiences? Processing through such experiences helps one in their ministry to others. Sometimes God uses such experiences in your life to help other people.
* Write down your ***educational experiences***. Write down where you went to school, what were your favorite subjects. What did you really like in school? Write down other educational experiences that were especially meaningful to you.
* Write down your ***ministry experiences***. How have you served in the past? What did you do in the past in church? For some of you that's going to be nothing, because you've never served before. Some of you have one or two things. Some of you may have a long list.

Use as much space as you need. This exercise by itself can be a blessing to you.

|  |
| --- |
| **Your Spiritual Experiences***Meaningful decisions/times with God* |
| **Your Painful Experiences***Problems, hurts, trials that have taught you* |
| **Your Educational Experiences***What was significant or meaningful about your school life?* |
| **Your Ministry Experiences***How have you served in the past? (Church or Christian organisations)* |

**Thank you for completing the preparatory work for the Discover Your SHAPE class.**

**Next Step:**

1. **Save your work in word doc., save as <Your Name>-<BMC.SHAPE>**
2. **Get ready to upload the document in BMC Application (Online) Form**

~ END ~